

# **SHA-VU-OT -opportunity for something dairy...**

**Preparation Time: 15 minutes**

**Cooking Time: 10 minutes**

**Serves: 6-7 people**



**Ingredients:**

**1 kg (2.2pounds) (or 1 pack)  
of puff pastry**

**200g smoke salmon**

**200g spinach**

**1 eggplant**

**200 ml of cream**

**(I used here non-dairy)**

**Thyme**



**Method:**

**Place the puff pastry on your surface and groove circles around with glass**

**Place the circles on your cooking tray**

**Place the tray in the oven for 10 min. on 180c (350f)**



**Here they are...**

## **Meantime, something about SHA-VU-OT:**

**Shavuot, is a Jewish holiday that occurs on the sixth day of the Hebrew month of Sivan, corresponding to late May or early June. It marks the conclusion of the Counting of the Omer and the day the Torah was given at Mount Sinai. It is one of the *shalosh regalim*, the three Biblical pilgrimage festivals mandated by the Torah.**

**Unlike the other two pilgrimage festivals, Passover and Sukkot, the date of Shavuot is not explicitly mentioned in the Torah. Rather, its occurrence is directly linked to the date of Passover. The Torah mandates the seven-week Counting of the Omer, beginning on the second day of Passover and culminating on the 50th day, Shavuot. This counting of days and weeks expresses anticipation and desire for the Giving of the Torah. At Passover, the Jewish people were freed from being slaves to Pharaoh; at Shavuot they accepted the Torah and became a nation committed to serving God (Wikipedia)**



**Hey! Wake up...its time to cook...**

**Burn the eggplant on the stove. And  
take out the inside.**

**Wash the spinach...**



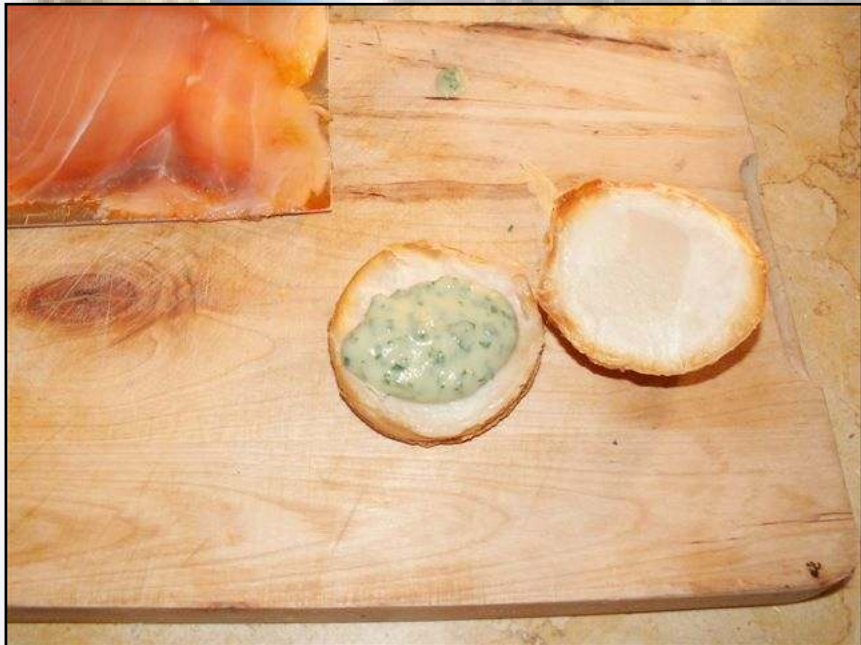
**Now, add the cream, the eggplant, and the spinach to the food processor and mash it till you get it like a puree.**

**Now, take out the circles and...**



**Because the circles are high, you can slice it like base and top. Slice it, put some puree and add slice the smoked salmon.**

**That's all!!!**



**Here is another version: with avocado and eggs  
(on the front)**

**CHAG SAMEACH!!! Happy SHA-VU-OT!!!**

